treatment with acupuncture. He first had a sit-down to discuss all of my ailments & I showed him exactly where my pain was originating from. He then began my treatment with much success. He was engaged with me on finding out exactly where my pain was hurting, he addressed all of them. At this time, I am more relieved with my chronic body pains than I was when I first arrived. I would highly recommend Dr Liu for whom living with Post Covid 19 Syndrome

Durso Vincent, Orange CT 06477

Post-acute Sequelae of COVID-19 (PASC)/Long Covid

As a health care worker I contracted the Covid 19 virus and recovered. Shortly after I started having nausea and insomnia and was diagnosed as a PASC (Post Acute Sequelae of COVID-19 Sars infection. I Consulted with Dr. Liu and after 4 treatments my nausea is gone and my insomnia has improved. I can't thank him enough for his caring and expert attention to my problems after contracting Covid 19.

Jon, Hartford, CT

You could read more Testimonials at

www.sahmclinic.com

WHAT DO I TREAT?

Not only Alleviate their suffering from ailments but also inspire their courage & confidence to live a longer with my specialth Chinese acupuncture treatment of letting people feel more comfortable by reducing anxiety, mental stress, improving neuropathy, relieving pain, enhancing digestion function….

EDUCATION BACKGROUND

- M.D., Jiangxi Medical College, China, 1983.
- Certificate studies of major in Traditional Chinese Medicine and Western Medicine,

CLINIC EXPEIENCE

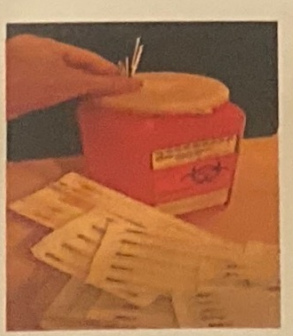
Resident physician of Internal Medicin at Jiangxi Provincial people's Hospital, China. 1984—1989

Attending Physician in Cardiovascular department at Jiangxi Provincial people's Hospital, China. 1989—1996

Connecticut License Acupuncturist since 2009

WORK HOURS

Monday, Wednesday, Saturday 11:00- 18:00



A Goal & Mission OF My Specilty Acupunctrue Is Anti--Aging



CHUNHUI LIU

CT Licensed Acupuncturist
203 865 5121

www.sahmclinic.com

THE BENEFIT OF MY SERVICE

My anti-aging acupuncture service utilizes the criteria for five core indicators from the WHO's International Comprehensive Frailty Index, alongside changes in laboratory-based frailty indices, to evaluate the impact of acupuncture interventions and improve health outcomes.

The pursuit of healthy longevity has been a timeless human aspiration. In 2023, anti-aging research in the life sciences focused on three frontier areas: epigenetic clocks, the comprehensive Frailty Index (FI), and senescent cell burden. These scientific findings suggest that biological age can be reset.

The WHO-developed International Comprehensive Frailty Index—a system of standard assessment criteria that is both clinically actionable and cost-effective—places the key to healthy longevity in the hands of the general public, enabling individuals to gauge their own level of aging based on specific symptoms. For instance, a decline in walking speed or a drop in handgrip strength to certain thresholds indicates the onset of aging—a critical window for intervention, as the process remains reversible at this stage. Aging-related changes confirmed through clinical laboratory tests—such as metabolic and endocrine markers, as well as routine blood biomarkers—serve as reference points for evaluating the efficacy of acupuncture treatment.You can read more testimonies in my website www.sahmclinc.com, although some people would not like to tell others about their medical history. Those testimony proves that each acupuncturist is different. Don't need hesitate about, text me with your cell phone to give both of us a chance to try now!

WHY CONSIDER MY PRACTICE?

- You'd see the improvement although you were diagnosed an incurable ailments;
- Being recommend a surgery but You worried about it.;
- You would like to try a better improvement to avoid the side effect of medication to hurt your important organ.
- No dependence on habit-forming

PARTIAL TESTIMONIAL

Atrial fibrillation

I was diagnosed with atrial fibrillation about seven years ago. In 2015, it was recommended that I have an ablation. I did that and it did not work so I continued to stay on medication which also did not work . In 2017 I had a pacemaker because my heart would beat really fast and then stop. So now 2020, my heart is still beating fast and my heart doctor recommended another ablation. After doing more research, I have found that many times it is unsuccessful as well. Recently I met Dr. Liu, M.D. and Acupuncturist. He specializes in atrial fibrillation & other serious conditions. **I have never met an acupuncturist who works with atrial fibrillation. In a very short period of time he got my atrial fibrillation under control.** It is such a relief to have my heart beating normally. He really listens to your issues and is very thorough in his approach. I would highly recommend him.

Nancy Stratford, CT 06615

Post Covid 19 Syndrome

I have been seeing Dr Chunhui Liu for about 3 months now, for my condition of Long Term Covid-19. When I came to first see Dr. Liu, I didn't expect the HIGH level of treatment that he provided. The condition which I have is very complicated to describe. I had Pneumonia 5 times & have a lot of scaring on my lungs. This inhibits the volume of oxygen I am able to take in. I was in & out of the hospital about 22 times, all within 18 month period. I am on 3 liters of oxygen (indefinitely) & take multiple medications to assist me, to be comfortable. Dr Liu was very understanding to how he went about my



Dr. An Liu, Oriental Medical Doctor (OMD) / Licensed Acupuncturist (L.Ac.) OR / CT.

EDUCATION

Dr. An Liu, Oriental Medical Doctor (OMD) / Licensed Acupuncturist (L.Ac.) in both OR and CT. Dr. An graduated from Harbin Medical School of China in 1975 and Heilongjiang University of Traditional Chinese Medicine (TCM) of China in 1983 and 1992. She has certified Profession Acupuncturist by National Certification Commission for Acupuncture and Oriental Medicine (NCCAOM) of USA in 1996.

Acupuncture & Oriental Herbal Medicine

Treatment with acupuncture needles is the most commonly used technique. However, acupuncturist or Doctor of Oriental Medicine may utilize other modalities such as individualized herbal prescriptions, dietary modifications, supplements, moxibustion (a form of heat therapy), lifestyle counseling, and various styles of massage to help with recovery. Acupuncture promotes the body's natural healing ability most conditions can be corrected or improved.

How Acupuncture and Oriental Herbal Medicine Working

Both of acupuncture and oriental herbal medicine working for health are through needles stimulating points on meridians, and oriental herbal medicine regulating different organs' Qi (energy) and blood operating and flowing to make the body recovery self without any side-effects.

What Acupuncture Feelings like:

There are some different feelings such as warmness, soreness, numbness, fullness and lighter hurt when needles being inserted deeper till touching the points where the Qi, Blood and body liquid meeting.

Safety Needles Supplied:

State and federal agencies have established strict procedures for needle sterilization. Knowledge and proper utilization of these procedures are part of licensing examinations.

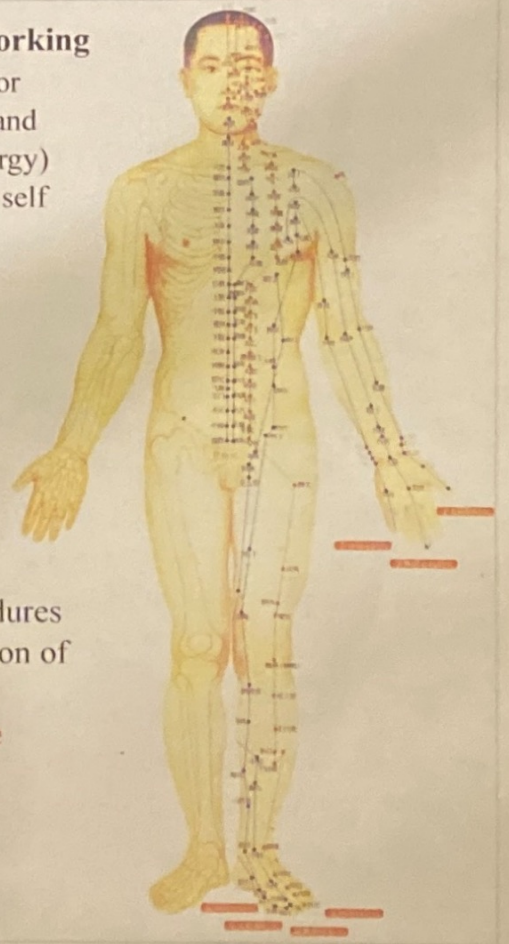
The needles supplied are sterilization and disposable

Check our website for more information:

- **www.naturegene.online**

For nutritional advice please contact us at

- **shopnutrive@gmail.com**

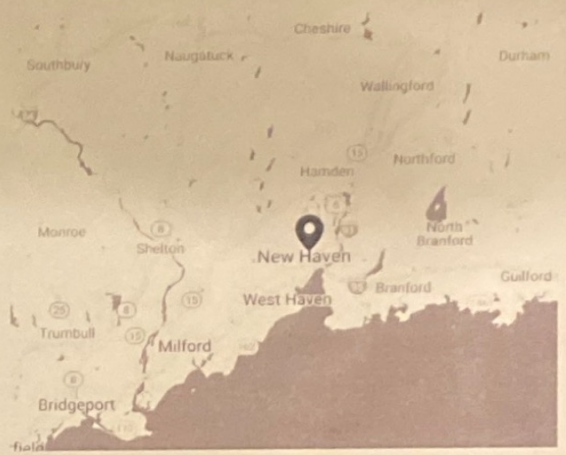


WORK EXPERIENCE

Dr. An Liu served for Internal Medicine and Emergency Dep. in Harbin Sixth Hospital and Affiliated Hospital of Heilongjiang College of TCM of China 1975-1986. As OMD / Vice Professor, she served for International Exchanging and Training Center of Heilongjiang University of TCM of China 1986-1996. As a Visiting Professor, OMD / L.Ac. Dr. An Liu jointed the clinical research in stroke at Gaylord Rehabilitation Hospital of CT 1996-1999. She established Portland An Liu Natural Therapy Center, LLC in Portland OR since 2000.

Based on 40 years' experience, Dr. An Liu is specially to prevent and treat pre-illness and sub-health, anti-aging by regulating the balance of Yin and Yang, and to help patients suffered from acute and chronic pain symptoms as headache (migraine), neck pain with numbness on the fingers, back pain, shoulder pain (frozen shoulder), neuralgia, sciatica, facial paralysis, Hem facial Spasm(HFS) stroke sequelae, vertigo, allergies, infertility, stress and anxiety, tinnitus, etc. by acupuncture and oriental herbal medicine.

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(203) 865-5121
naturegene.herb@gmail.com

ACUPUNCTURE & ORIENTAL HERBAL MEDICINE



AN LIU

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